	& VEGGIES
Eat Cle	aner Fruit and Veggie Wash/Spray
	e (for sandwiches)
Kale	
Spinac	า
Brocoll	
Sweet	Potatoes
Cauliflo	ower
Avocad	
Tomato	es
Sweet	Baby Peppers
Cucum	
Banana	as
Orange	es S
Lemon	
Limes	
**Strav	vberries
**Bluel	perries
**Rasp	berries
**Black	berries
**In Se	ason and only 2 types per week
Jazz Ap	ples
Green	Apples
Garlic	
<u> </u>	
EGGS,	DAIRY, BEVERAGES & FROZEN ITEMS
EGGS, Cheese	
Cheese Greek `	e Yogurt
Cheese Greek ` Unsalte	ed Butter
Cheese Greek `	ed Butter
Cheese Greek ` Unsalte Egg Wh Brown	ed Butter nites Eggs
Cheese Greek ` Unsalte Egg Wh	ed Butter nites Eggs
Cheese Greek ` Unsalte Egg Wh Brown Coconu	ed Butter nites Eggs
Cheese Greek ` Unsalte Egg Wh Brown Coconu	rogurt red Butter nites Eggs ut Milk ut Water
Cheese Greek ` Unsalte Egg Wh Brown Coconu Coconu	fogurt fogurt ed Butter nites Eggs ut Milk ut Water
Cheese Greek ` Unsalte Egg Wh Brown Coconu Coconu Almond Milk (1	fogurt fogurt ed Butter nites Eggs ut Milk ut Water
Cheese Greek ` Unsalte Egg Wh Brown Coconu Coconu Almond Milk (1 Coffee	rogurt ed Butter nites Eggs at Milk at Water d Milk gal.)
Cheese Greek ' Unsalte Egg Wh Brown Coconu Coconu Almond Milk (1 Coffee Vanillia	fogurt ed Butter nites Eggs ut Milk ut Water d Milk gal.) Creamer
Cheese Greek ' Unsalte Egg Wh Brown Coconu Coconu Almond Milk (1 Coffee Vanillia	fogurt ed Butter nites Eggs at Milk at Water d Milk gal.) Creamer Frozen Yogurt
Cheese Greek ' Unsalte Egg Wh Brown Coconu Coconu Almond Milk (1 Coffee Vanillia	fogurt ed Butter nites Eggs at Milk at Water d Milk gal.) Creamer Frozen Yogurt
Cheese Greek ' Unsalte Egg Wh Brown Coconu Coconu Almond Milk (1 Coffee Vanillia	fogurt ed Butter nites Eggs at Milk at Water d Milk gal.) Creamer Frozen Yogurt

IEATS	
Ex Lean Ground Turkey	
All Natural Boneless Skinless Chicken Breasts	
Bacon Center Cut	
Гurkey - Sliced	
CRACKERS, BREADS & CEREAL	
Ak-mak Sesame Crackers	
Skinny Crisps - Seeded	
Sesame Seed Soy Crackers	
Crackers	
Cereal	
Quick Oats	
Artisan Bread Sandwhich Rolls - 4 pack	
Hawaiian Sandwich Rolls or burger rolls - every other we	eek
Natural Buttermilk Pancake Mix (pumpkin when avail)	
PASTA & RICE	
PASTA & RICE Gluten Free Pasta	
Gluten Free Pasta Whole Wheat Cork Screw Pasta	
Gluten Free Pasta	
Gluten Free Pasta Whole Wheat Cork Screw Pasta Whole Wheat Angel Hair Pasta	
Gluten Free Pasta Whole Wheat Cork Screw Pasta Whole Wheat Angel Hair Pasta	
Gluten Free Pasta Whole Wheat Cork Screw Pasta Whole Wheat Angel Hair Pasta	
Gluten Free Pasta Whole Wheat Cork Screw Pasta Whole Wheat Angel Hair Pasta	
Gluten Free Pasta Whole Wheat Cork Screw Pasta Whole Wheat Angel Hair Pasta	
Gluten Free Pasta Whole Wheat Cork Screw Pasta Whole Wheat Angel Hair Pasta	
Gluten Free Pasta Whole Wheat Cork Screw Pasta Whole Wheat Angel Hair Pasta Brown rice	
OIL, SAUCES & OTHER PANTRY ITEMS	
OIL, SAUCES & OTHER PANTRY ITEMS F Diet Hot Chocolate 25 cal.	
OIL, SAUCES & OTHER PANTRY ITEMS F Diet Hot Chocolate 25 cal. Coffee	
OIL, SAUCES & OTHER PANTRY ITEMS F Diet Hot Chocolate 25 cal. Coffee nstant Coffee	
OIL, SAUCES & OTHER PANTRY ITEMS F Diet Hot Chocolate 25 cal. Coffee	

*Vanilla extract	
*Peppermint extract	
*Used for flavoring in shakes	
Stevia (All Natrual Sweetener)	
Organic spaghetti sauce	
Sweet Baby Rays BBQ sauce	
Corn	
Black Beans	
Roasted Salsa MILD	
Organic Powdered Peanut Butter	
Organic Peanut butter	
Organic Jam	
Honey - Raw Organic	
Carrot Ginger Dressing - Organic	
Mayo Olive Oil Low Fat	
Canned Natural Pumpkin	
Apple Sauce (No sugar added)	
Mixed mini packs raw almonds/cranberries/cashews	
Gum	
Eat Cleaner Fruit and Veggie Wash/Spray	
BARS	
Cliff Bars	
Quest Bars	
Jump Start Cranberry Bars	
Jump Start Apple Bars	
Jump Start Apple Bars	
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